

Espoo, April 27, 2020

COTEC
Council of Occupational Therapists
for the European Countries



Dear Colleagues at Associazione Italiana dei Terapisti Occupazionali

It is with great concern I have been reading news about the novel COVID-19 virus and its consequences across Europe. The pandemic has hit your country in particular and I want to assure you that you have been in the minds of COTEC Executive Committee.

I would like to express my condolences on the many losses you have encountered.

Social isolation and many restrictions that have made it difficult for people to move around and interact normally have changed our daily lives. It has affected the occupational balance of many people and families – including occupational therapists. Colleagues are dealing with the disrupted normal life both professionally and personally and occupational therapist's ability to support individuals in this situation is emphasised. Many have also had to adapt their own work to the current situation and our professional resilience is being tested. The importance of meaningful activities has become evident in the times of social distancing.

I wish all occupational therapists in your country and their close ones good health, and strength and resilience to those colleagues who continue to work even during the pandemic.

With kind regards.,

Anu Söderström

COTEC President

anu.soderstrom@coteceurope.eu

COTEC

Postfach 2208
76303 Karlsbad
Germany

Info@coteceurope.eu
www.coteceurope.eu